TOGETHER FIRST CIC
BARKING & DAGENHAM GP FEDERATION

NHS

FREE CHILDRENS WEEKEND CLINICS
OCT HALF TERM HOLIDAYS 2026
For Barking & Dagenham GP Registered Patients

Together First

Together First CIC is an **NHS provider** and works on **behalf** of **all B&D GP practices**.

Together First will **contact you** by **phone** or **text** if your child needs to attend for 1 or more of the following:

- **Childhood Asthma Reviews**
- **Measles, Mumps, Rubella, Varicella (MMRV) vaccinations**
- **Childrens health checks**

These weekend clincs will be from **9am-5pm**

Clinics will run from:

- **Barking Hospital**
- **Broad St**
- **Parsloes, Dagenham**
- **Becontree**

Weekends:

20 mins appointments from:

Sat 24th Oct - **Sun 25th** Oct 2026

Sat 31st Oct - **Sun 1st** Nov 2026

How we will contact you:

Together First will **contact parents/carers** of children with **asthma** and **due** for their **routine childhood vaccines** to these clinics via **telephone** and **text messages**.

Appointments can **only** be **booked via telephone or text message.**

Appointments are for:

Asthma 6 -17 Yrs:

- Children currently on the asthma register
- Inhaler check
- Height/weight (BMI)

MMRV 1 - 5 Yrs:

- Children due for **MMRV vaccination.**
- Red book check
- Immunisation History check
- Vaccination discussions
- Height/weight (BMI)

Missing vaccinations for 0-5-year-olds?

Parents/carers can self-book their child by clicking "**Book Vaccination appointment**" on Federation booking page **here**





Click to find out more about Together First CIC **www.togetherfirst.co.uk**