

# LUNCH

## Week 1



W/C 01/09, 22/09, 13/10, 03/11, 24/11, 15/12, 05/01, 26/01

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza <b>V</b>	Southern Baked Chicken & Wedges	Roast Chicken with Roast Potatoes	Pasta Bolognese with Garlic Bread	Fish Fingers with Chips
MAIN 2	Farmhouse Hash <b>Ve</b>	<b>NEW</b> Chilli Bean Tortilla Stack, Wedges <b>V</b>	Farmhouse Puff Pastry Pie, Roast Potatoes <b>Ve</b>	Curry Club Rainbow Jalfrezi, Garlic Bread <b>V</b>	Crispy Quorn Nuggets & Chips <b>Ve</b>
VEG	Half Jacket & Green Beans	Fresh Broccoli	Carrots & Cabbage	Sweetcorn	Carrots & Peas or Baked Beans
3 <sup>RD</sup> OPTION	Baguettes	Jacket Potatoes	Pasta	Baguettes	Jacket Potatoes
DESSERT	Freshly Baked Chocolate Cookie <b>Ve</b>	Plum Sponge Pudding & Custard <b>V</b>	Pear Upside-Down Pudding <b>V</b>	Fruity Jelly Pot <b>Ve</b>	Lime & Coconut Cake <b>Ve</b>
<b>AVAILABLE DAILY:</b> A selection of fresh seasonal fruit (cut or whole) ( <b>Ve</b> ), flavoured yoghurts ( <b>V</b> ) as well as freshly baked bread ( <b>V</b> ) & seasonal salad bar ( <b>Ve</b> ). Third option includes vegan and vegetarian items.					

### MENU KEY



Vegetarian



Vegan and Planet Friendly

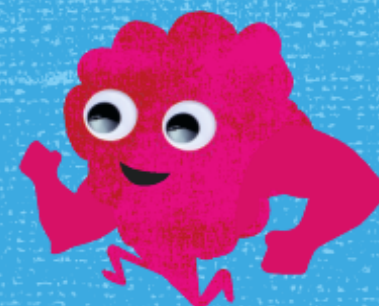


New Dish



# LUNCH

## Week 2



W/C 08/09, 29/09, 20/10, 10/11, 01/12, 12/01, 02/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Spiced Packed Rice <b>V</b>	Chicken Burger & Wedges	Roast Chicken with Roast Potatoes	Sausage Penne Pasta Bake	Battered Fish & Chips
MAIN 2	Chickpea & Spinach Curry <b>V</b>	Roasted & Loaded Five Bean Chilli & Wedges <b>Ve</b>	Teriyaki Noodles <b>V</b>	Hearty Sausage Pasta Bake <b>Ve</b>	Onion Bhaji Wrap & Slaw with Chips <b>Ve</b>
VEG	Garlic Bread & Peas	Sweetcorn	Fresh Roast Carrots & Swede	New Potatoes & Broccoli	Carrots & Peas or Baked Beans
3 <sup>RD</sup> OPTION	Jacket Potatoes	Pasta	Jacket Potatoes	Baguettes	Pasta
DESSERT	Chocolate Cornflake Cake <b>Ve</b>	<b>NEW</b> Fruity Bread & Butter Pudding <b>V</b>	Ginger Cake <b>Ve</b>	<b>NEW</b> Autumn Fruit Crumble & Custard <b>V</b>	Apple & Berry Traybake <b>V</b>

**AVAILABLE DAILY:** A selection of fresh seasonal fruit (cut or whole) (**Ve**), flavoured yoghurts (**V**) as well as freshly baked bread (**V**) & seasonal salad bar (**Ve**). Third option includes vegan and vegetarian items.

### MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish























# LUNCH

## Week 3



W/C 15/09, 06/10, 27/10, 17/11, 08/12, 19/01, 09/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	California Fully Loaded Burger 	Jerk Chicken & Rice	Roast Chicken & Roast Potatoes	Traditional Lasagne	Fish Fingers & Chips
MAIN 2	Creamy Leek & Cheese Pie 	Five Bean Chilli & Rice 	Golden Sausage Roll  & Roast Potatoes	Hearty Spaghetti & Meatballs 	Jerk Hot Dog & Chips 
VEG	Wedges & Sweetcorn	Roasted Cauliflower	Savoy Cabbage & Roasted Squash	Focaccia & Green Beans	Carrots & Peas or Baked Beans
3RD OPTION	Baguettes	Jacket Potatoes	Pasta	Baguettes	Jacket Potatoes
DESSERT	Apple & Cinnamon Flapjack 	 Chocolate Mousse 	 Pear & Ginger Cake 	 Autumn Fruit Pie & Custard 	Freshly Baked Vanilla Cookie 

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) () , flavoured yoghurts () as well as freshly baked bread () & seasonal salad bar () . Third option includes vegan and vegetarian items.

### MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish

