



PHYSICAL EDUCATION OVERVIEW 2021-2022

PHYSICAL EDUCATION	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 1	<b>Ball Skills:</b> travelling and dribbling (Football) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> passing with hands (Basketball) <b>Christmas Dance:</b> perform dances using simple movement patterns	<b>Ball Skills:</b> travelling and dribbling (Hockey) <b>African Dance:</b> perform dances using simple movement patterns	<b>Ball Skills:</b> striking with equipment (Tennis) <b>Gymnastics:</b> travel and balance	<b>Athletics</b> <b>Dance:</b> perform dances using simple movement patterns	<b>Ball Skills:</b> striking and fielding (Cricket) <b>Gymnastics:</b> travel and balance
Year 2	<b>Ball Skills:</b> travelling and dribbling (Football) <b>World Dance-</b> perform dances using simple movement patterns	<b>Ball Skills:</b> passing with hands (Basketball) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> travelling and dribbling (Hockey) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> striking with equipment (Tennis) <b>Human Dance:</b> perform dances using simple movement patterns	<b>Athletics</b> <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> striking and fielding (Cricket) <b>Dance:</b> perform dances using simple movement patterns
Year 3	<b>Ball Skills:</b> travelling and dribbling (Football) <b>Jungle Dance:</b> perform dances using simple movement patterns	<b>Ball Skills:</b> passing with hands (Basketball) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> travelling and dribbling (Hockey) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> striking with equipment (Tennis) <b>Caribbean Dance:</b> perform dances using simple movement patterns	<b>Athletics</b> <b>Ancient Egypt Dance:</b> perform dances using simple movement patterns.	<b>Ball Skills:</b> striking and fielding (Cricket) <b>Gymnastics:</b> travel and balance
Year 4	<b>Ball Skills:</b> travelling and dribbling (Football) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> passing with hands (Basketball) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> travelling and dribbling (Hockey) <b>Greek Dance:</b> perform dances using a range of movement patterns	<b>Ball Skills:</b> striking with equipment (Tennis) <b>Gymnastics:</b> travel and balance	<b>Athletics</b> <b>Animal Dance:</b> perform dances using a range of movement patterns	<b>Ball Skills:</b> striking and fielding (Cricket) <b>Roman Dance:</b> perform dances using a range of movement patterns.
Year 5	<b>Ball Skills:</b> travelling and dribbling (Football) <b>Tudor Dance:</b> perform dances using a range of movement patterns.	<b>Ball Skills:</b> passing with hands (Basketball) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> travelling and dribbling (Hockey) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> striking with equipment (Tennis) <b>British Dance:</b> perform dances using a range of movement patterns.	<b>Athletics</b> <b>Animal Dance:</b> perform dances using a range of movement patterns.	<b>Ball Skills:</b> striking and fielding (Cricket) <b>Gymnastics:</b> travel and balance
Year 6	<b>Ball Skills:</b> travelling and dribbling (Football) <b>Underwater Dance:</b> perform dances using a range of movement patterns	<b>Ball Skills:</b> passing with hands (Basketball) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> travelling and dribbling (Hockey) <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> striking with equipment (Tennis) <b>Evolution Dance:</b> perform dances using a range of movement patterns.	<b>Athletics</b> <b>Gymnastics:</b> travel and balance	<b>Ball Skills:</b> striking and fielding (Cricket) <b>Dance:</b> perform dances using a range of movement patterns.